

CURRICULUM VITAE

Dr. Stefano Sala

PERSONAL DETAILS

First Name	Stefano
Last Name	Sala
Date of Birth	28 February 1978
Nationality	Italian
Address (ITALY)	V. Damiano Chiesa 18, 41053 MARANELLO (MO)
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Civil status	Married
Languages	Italian, English

- **Italian Board Medical Exam:** regular registration since 9th March 2005 (I Session), under reg. n°5909;
- **GMC:** Full registration, reference n° 7031442, since 5th March 2009 with a licence to practise.

EDUCATION

- Scientific High School Diploma, in July 1998 at Liceo Scientifico Statale "Wiligelmo", Modena (Italy);
- **Graduated as MD at University of Modena and Reggio Emilia on 30th July 2004, mark 110/110 cum laude**, disputing an experimental thesis "Polytrauma: diagnosis and therapy at Policlinico of Modena";
- **Graduated as Specialist in General Surgery on 28th October 2010 mark 110/110 cum laude** at Post-Graduate School of General Surgery III at University of Modena and Reggio Emilia – Policlinico of Modena, disputing an experimental thesis "Transforming Training in Laparoscopic Surgery".

PRESENT POSITION

Consultant in General Surgery at Nuovo Ospedale di Sassuolo (Modena), Italy, since December 2010

UK WORK EXPERIENCES

HONORARY SPECIALIST REGISTRAR in Colorectal Surgery at St. Mark's Hospital, Harrow (London) since April 2009, during the 6th year of residency in the Post-Graduate School of General Surgery, University of Modena and Reggio-Emilia, Italy:

- April 2009 – October 2009: attached to **Mr I. Jenkins and Mr. R. Kennedy** in Laparoscopic Colorectal Surgery;
- October 2009 – December 2009: attached to **Prof. R. Phillips** in Coloproctology and Colorectal Surgery focused on Perianal Fistula Disease;
- April 2009 – July 2009 attached to attached to **Miss. C. Vaizey and Mr J. Warusivatarne**: Incontinence and Pelvic Floor Disorders, Intestinal Failure;
- Since July 2009 attached to **Miss. S. Clarke**: Colorectal Surgery for IBD and FAP.

SENIOR HOUSE OFFICER ON CALL in General Surgery at Northwick Park and St. Mark's Hospital, Harrow, (October 2009 – May 2010);

REGISTRAR ON CALL in General Surgery at Northwick Park and St. Mark's Hospital, Harrow, (May 2010 – July 2010);

HONORARY CLINICAL FELLOW to **Mr. S. Mudan** in Upper GI surgery at Royal Marsden Hospital and at The London Clinic, London (January 2010 – April 2010);

CLINICAL ASSISTANT to **Prof. J M A Northover** in Colorectal Surgery at The London Clinic, London (April 2009 – July 2010).

POST-GRADUATE SCHOOL

- **REGISTRAR (1ST -2ND -3RD years of 6) Post-Graduate School of General Surgery (Bariatric and Colo-Proctology Surgery)** at University of Modena and Reggio-Emilia Department of General Surgery Azienda Policlinico, Modena (Italy), directed by Prof. G. De Bernardinis, (April 2005-October 2007);
- **REGISTRAR (4th-5th -6th years of 6) in in the Post-Graduate School of General Surgery General (Emergency Surgery)** at University of Modena and Reggio-Emilia, Department of General Surgery Azienda Policlinico, Modena (Italy), directed by Prof. A. Rossi (From November 2007).

CAREER HISTORY

- **Intern** at the **Operative Unit of Modena First Aid – 118**, directed by Dr. P. Castellini, Azienda Policlinico – University of Modena and Reggio-Emilia, Italy (July 2001 – October 2001; July 2003 – September 2003);
- **Intern** at the Department of **General Surgery III** directed by Dr. G. Natalini, Azienda Policlinico – University of Modena and Reggio-Emilia, Italy (May 2001 – March 2003);
- **Intern** at Department of **Anaesthesia and Resuscitation ITU**, Azienda Policlinico – University of Modena and Reggio-Emilia, Italy (June 2003 – September 2003);
- **Intern** at Departemnt of **Emergency and First Aid** directed by Dr. D. Giovanardi, Azienda Policlinico – University of Modena and Reggio-Emilia, Italy (March 2001 – December 2003);
- **Intern** at Departement of **Obstetric and Gynaecology**, directed by Pro. A. Volpe, Azienda Policlinico – University of Modena and Reggio-Emilia, Italy (February 2003 – March 2003);
- **Intern** at the Department of **Acceptance and Emergency Surgery** directed by Prof. A. Rossi, Azienda Policlinico – University of Modena and Reggio-Emilia, Italy (January 2004 - July 2004);
- **Physician Observer MD** at the Department of **Acceptance and Emergency Surgery** directed by Prof. A. Rossi, Azienda Policlinico – University of Modena and Reggio-Emilia, Italy (August 2004 – March 2005);
- **Clinical Fellow** in **General Surgery** to Dr. Colucci, Ospedale Civile di Vignola (MO), Italy (November 2006 – September 2007).

COURSES

- **"2006 Official Rehabilitative Course"**, International Pelvic floor Dysfunction Society, Bassano del Grappa (VI), Italy (December 2006);
- **"Endorectal Ultrasonography Course"**, Department of General Surgery of Cleveland Clinic Florida, Fort Lauderdale, Florida USA (February 2007);
- **"Executor BLS"** in accordance with guidelines Italian - European Resuscitation Council (IRC - ERC)", Modena, Italy (March 2007);
- **"ALS – Advance Life Support Provider** in accordance with guidelines Italian - European Resuscitation Council (IRC - ERC)", Modena, Italy (April 2007);
- **"Base Course of Laparoscopic Surgery"**, Special School ACOI of Laparoscopic and Mini-Invasive Surgery (Prof. G. Melotti), Baggiovara Modena, Italy (March – December 2008);
- **"Advanced Course of Laparoscopic Surgery: inguinal and post-incisional hernia"**, Special School ACOI of Laparoscopic and Mini-Invasive Surgery (Prof. G. Melotti), Baggiovara Modena, Italy (March – December 2009);
- **"Laparoscopic Colorectal Surgery Course"**, St. Mark's Hospital & Academic Institute (Dean Mr. Robin Kennedy), Harrow London, UK (28th April 2009);
- **"Intestinal Failure Study Day & Workshop in Home Parenteral Nutrition"**, St. Mark's Hospital & Academic Institute, Harrow London, UK (May 2009);
- **"9th 10th 11th Enhanced Recovery Symposium"**, St. Mark's Hospital & Academic Institute, Course Convenor Mr. Robin Kennedy, Harrow London, UK (June 2009 – June 2010);
- **"Post Graduate teaching Term"**, St. Mark's Hospital & Academic, Harrow London, UK (19th October – 13th November 2009);
- **"Anal Fistula Course"**, St. Mark's Hospital & Academic Institute, Course Convenor Prof. Robin Philips, Harrow London, UK (22nd January 2010);
- **"Education Day – Laparoscopic Masterclass"**, Convenor Prof. Lord Ara Darzi, St. Mary's Hospital, London, UK (19th January 2010);

- **“Complex Management of Colorectal Cancer Study Day”**, St. Mark’s Hospital & Academic Institute, Course Convenor Prof. J M A Northover, Harrow London, UK (12th March 2010);
- **“Advanced Colorectal Workshop”**, St. Mark’s Hospital & Academic Institute Course Convenor Mr. Ian Jenkins, Harrow London, UK (8th – 10th March 2010);
- **“Advanced Course of Laparoscopic Surgery”**, Special School ACOI of Laparoscopic and Mini-Invasive Surgery (Prof. G. Melotti), Baggiovara Modena, Italy (March 2010);
- **“A.T.L.S”** Student Course of American College of Surgeons, Northwick Park Hospital, Harrow Middsx, UK, (22-25-June 2010).

CONGRESSES, MEETINGS, SEMINARS

- April 2001: **“Interregional Seminar “Early Defibrillation and Volunteering: prospective and comparison of experiences”**, held in Vignola (MO), Italy, organized by Vignola Pubblica Assistenza;
- June 2001: Seminar **“Experiences of Necker-Enfants Malades Hospital (Paris) in pediatric multivisceral transplant”** held in Modena, Italy, organized by Azienda Ospedaliera Policlinico di Modena;
- November 2001: Scientific meeting **“Present and Future of Percutaneous Coronary Revascularization”** held in Modena, Italy, organized by Azienda Policlinico di Modena and Prof.ssa M.G. Modena (Director of the Department of Cardiology – Policlinico di Modena);
- April 2003: Seminars on **“Extra-corporeal circulation and mechanical circulation support devices”**, organized by Prof. R. Lodi, Director of the Scuola di Specializzazione in Cardiocirurgia at the Medicine and Surgery Faculty of Modena and Reggio-Emilia University;
- March 2005: International Congress **“Liver Anaesthesia and Intensive Care”** held in Modena, Italy, organized by University of Modena and Reggio-Emilia;
- March 2005: **16° A.R.T. (Inter-regional Transplants Association) Meeting**, held in Modena, Italy;
- April 2005: Meeting **“New Views in the Study of Human Brain and its pathologies”** held in Modena, Italy, organized by University of Modena and Reggio Emilia;

- October 2005: Congress **"Lung Metastasis: diagnosis and therapy"** held in Modena, Italy, organized by University of Modena and Reggio Emilia;
- December 2005: Course **"Polytrauma Management in Emergency Room and Intensive Care Unite"** held in Modena, Italy, from 5th to 7th of December 2005 and organized by Department of Emergency of Policlinico of Modena;
- March 2006: Congress **"9th International Meeting of Coloproctology"**, held in Stresa (MI), Italy, from 27th to 29th of March 2008 and organized by Colorectal Eporediensis Centre;
- October 2006: Congress **"108° National Congress of SIC (Italian Society of Surgery)"**, held in Rome, Italy, from 15th to 18th October 2006;
- November 2006: Meeting **"Laparoscopic Surgery: Techniques and Averse Events"** held in Modena, Italy, on 20th of November 2006 and organized by Azienda Ospedaliera - Universitaria Policlinico di Modena;
- February 2007: Congress **"18th International Colorectal Disease Symposium"**, held in Fort Lauderdale (Florida USA) from 15th to 17th of February 2007 and organized by Department of General Surgery of Cleaveland Clinic Florida;
- May 2007: Congress **"IV National Meeting for Residents in General Surgery"**, held in Giardini Naxos Taormina (CT), Italy, from 24th to 26th of May 2007;
- June 2008: Congress **"XXXI National Congress SICO (Italian Oncologyc Surgery Society)"**, held in Forlì, Italy, from 19th to 21th of June;
- July 2008: Conference **"WSES Organizational Meeting Emergency Surgery Today"**, held in Bologna, Italy, on 3rd and 4th of June;
- October 2008: **"Advanced Course for Complicances of Stoma"**, held in Rome, Italy, on 15th of September 2008 and organized by SICCR (Italian Colorectal Surgery Society);
- October 2008 : Congress **"II Educational Colorectal Meeting – Post-Surgery Complications"**, held in Rome, Italy, on 15th and 16th of September 2008, and organized by SICCR (Italian Colorectal Surgery Society);
- December 2008: Congress **"XII Meeting congiunto di Colonproctologia e Stomaterapia"**, held in Modena, Italy, on 12 and 13 of December 2009 and organized by ACOI (Associazione Chirurghi Ospedalieri Italiana), Dr. Villani Prof. G. Melotti.

ABSTRACTS, PAPERS, PRESENTATION, VIDEOS

"IL POLITRAUMA: VALUTAZIONI EPIDEMIOLOGICHE E STRATEGIE DI TRATTAMENTO"

A. Rossi, **S. Sala**, P. Buniva, B. Palmieri, N. Sforza
Boll Soc Med Chir Modena 2007; 122 (4-6): 173-185.

"CONFRONTO TRA FORZE TENSILI E RISULTATO CICATRIZIALE SU INCISIONI CHIRURGICHE DI TRE DIVERSI TIPI DI SUTURA CUTANEA MONOFILAMENTO"

A. Rossi, L. Leonardi, B. Palmieri, **S. Sala**, N. Sforza, G. Giliberti, R. Lodi, V. Ranieri, L. Romano, G. Manco
5° Seminario Nazionale per Specializzandi in Chirurgia Generale, Riccione, Italy, 15-17 Maggio 2007.

"PROSPECTIVE STUDY OF PRIMARY POST-OPERATIVE ILEUS AND EARLY POST-OPERATIVE SMALL BOWEL OBSTRUCTION IN A COHORT OF LAPAROSCOPIC COLORECTAL PATIENTS"

C McFaul, **S Sala**, D McGrath, JT Jenkins, RH Kennedy
ASGBI Association's annual International Surgical Congress, 14th to 16th April 2010 at the BT Convention Centre in Liverpool, UK.

"PROSPECTIVE ASSESSMENT OF OUTCOMES IN OBESE AND MORBIDLY OBESE PATIENTS UNDERGOING LAPAROSCOPIC COLON AND RECTAL RESECTION FOR MALIGNANT DISEASE"

D McGrath, **S Sala**, C McFaul, JT Jenkins, RH Kennedy
The Association of Coloproctology of Great Britain and Ireland 2010 Annual Meeting, 28th to 30th June 2010, at the Bournemouth International Centre, Bournemouth, UK.

"MODULAR TRAINING IN LAPAROSCOPIC COLORECTAL SURGERY"

S Sala, D McGrath, JT Jenkins, RH Kennedy
Presentation at St.Mark's Hospital to Prof. J. Fleshman.

VIDEO: "VASCULAR ANATOMY AND THE IMPLICATIONS FOR LAPAROSCOPIC SURGERY"

S.Sala, I. Jenkins
Frontiers in Intestinal and Colorectal Disease, 7th Annual International Congress, 2nd-4th December 2009 at St. Mark's Hospital, Harrow, London, UK.

VIDEO: "LAPAROSCOPIC TOTAL MESORECTAL EXCISION"

S.Sala, C. McFaul, I. Jenkins, R. Kennedy
ASGBI Association's annual International Surgical Congress, 14th to 16th April 2010 at the BT Convention Centre in Liverpool, UK.

VIDEO: "TOTAL MESORECTAL EXCISION"

S. Sala, R. Kennedy
"Education Day – Laparoscopic Masterclass", Covenor Prof. Lord Ara Darzi, St. Mary's Hospital, London, UK (19th January 2010).

"LAY OPEN OF HIGH ANAL FISTULAE IN A TERTIARY REFERRAL SETTING CAN BE SAFELY PERFORMED WITH A LOW RATE OF IMPAIRMENT OF CONTINENCE"

P Tozer, **S. Sala**, V Cianci, G Atkins, P Ranchod, R Phillips

Abstract accepted at ESCP 5th Scientific Meeting on 22nd-25th September 2010, Sorrento, Italy.

"SNS in ELDERLY"

A. George, **S. Sala**

Submitted in Colorectal Disease

"THE FIRST 3 YEARS OF NATIONAL BOWEL CANCER SCREENING AT A SINGLE UK TERTIARY CENTRE"

S. Gupta, **S. Sala**

Submitted in Colorectal Disease

RESEARCH PROJECTS

"PROSPECTIVE RANDOMIZED PLACEBO CONTROLLED STUDY INTO PERCUTANEOUS AND TRANS-CUTANEOUS TIBIAL NERVE STIMULATION FOR FAECAL INCONTINENCE"

Department of Physiology, St Mark's Hospital, Harrow, UK

"COMPLETE MESOCOLON EXCISION AND CENTRAL VASCULAR LIGATION: SPECIMEN QUALITY ASSESSMENT WITH A STANDARDIZED LAPAROSCOPIC COLORECTAL SURGERY IN A PROSPECTIVE STUDY"

Department of Colorectal Surgery, St. Mark's Hospital, Harrow, UK

Department of Pathology, St. Mark's Hospital, Harrow, UK

Pathology & Tumor Biology, Leeds Institute of Molecular Medicine, St. James's University Hospital, Leeds, UK

"PREOPERATIVE ASSESSMENT OF VASCULAR ANATOMY IN LAPAROSCOPIC COLORECTAL SURGERY: A PILOT STUDY"

Department of Colorectal Surgery, St. Mark's Hospital, Harrow, UK

Department of Radiology, St. Mark's Hospital, Harrow, UK.

TEACHING and MANAGEMENT RESPONSIBILITIES

- Regulary **Clinical Lessons** to medical undergraduates;
- **Tutor in Basic Surgical Skills** for medical students and junior trainees;
- **First Aid Teaching Lessons** for Occupational health and Safety (D.Lgs 81/2008);
- I have been involved in helping to devise **Guidelines** for the Coloproctology Unit at the Hospital Policlinico of Modena, Italy in September 2008.
- **Trainee Representative** in the Department of General Surgery at the University of Modena and Reggio Emilia and Azienda Policlinico, Italy, since 2008;
- **Trainee Rota Organizer** for General Surgery in the Post-Graduate Schools of General Surgery at the University of Modena and Reggio Emilia, Italy, since 2007;
- **Clinical Tutor in Post-Graduate Courses** held in St. Mark's Hospital (April 2009 – June 2010)
- **Chief Medical Officer** at AVAP Maranello (MO) (2021-2023)

INTERESTS

SPORTS: swimming, horse riding, sailing, tennis.

OTHERS: social events organizer, theatre.

Dr. Stefano Sala

